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Educational Qualification

BDS (1998-2003) : JSS Dental College, RGUHS, Bangalore, India
MDS (2003-2005) : CODS, Davangere, RGUHS, India
Ph.D (2014-2018) : Saveeta, Chennai, India

Professional Career

Senior lecturer – 2008-2012
Reader – 2012-2017
Professor- 2017-2021
Assistant Professor- 2021-2022

Achievements/ Interests/Publications/Awards

1. Efficacy of Improvised Topical Zinc (1%) Ora-Base on Oral Mucositis during Cancer Chemo-Radiation-A Randomized Study. J Nutr Sci Vitaminol (Tokyo). 2020;66(2):93-97. doi: 10.3177/jnsv.66.93. (PUBMED)
2. Serological and psychological assessment of patients with oral lichen planus using serum cortisol levels and hads questionnaire-a case control study. J Popul Ther Clin Pharmacol. 2020 Apr 6;27(2):e23-e31. doi: 10.15586/jptcp.v27i2.667. (PUBMED)
3. A Comparative Evaluation on the Effect of Oral Zinc 50 mg with or without 0.1% Triamcinolone Orabase on Oral Lichen Planus. Int J Appl Basic Med Res. 2020 Jan-Mar;10(1):54-58. doi: 10.4103/ijabmr.IJABMR_138_19. Epub 2020 Jan 3. (PUBMED)
4. A Meta-analysis on efficacy of auto fluorescence in detecting the early dysplastic

changes of oral cavity. South Asian J Cancer. 2019 Oct- Dec;8(4):233-236. doi: 10.4103/sajc.sajc_336_18. (PUBMED)

5. Analgesic effect of intravenous ascorbic acid versus aceclofenac post- transalveolar extraction: A Case-Control Study. Popul Ther Clin Pharmacol. 2019 Aug 19;26(2):e43-e52. (PUBMED)
6. A Meta-Analysis on the Efficacy of Zinc in Oral Mucositis during Cancer Chemo and/or Radiotherapy-An Evidence-Based Approach. J Nutr Sci Vitaminol (Tokyo). 2019;65(2):184-191. (PUBMED)
7. Zinc Therapy in Treatment of Symptomatic Oral Lichen Planus. Indian Dermatol Online J. 2019 Mar-Apr;10(2):174-177. (PUBMED)
8. Melasma associated with periodontitis, anaemia and vitamin D abnormalities- A chance occurrence or a syndrome?- J Contemp Dent Pract. 2018 Oct 1;19(10):1254-1259. (PUBMED)
9. A innovative novel intra-oral appliance for trismus in OSMF therapy- Case reports in dentistry- Hindawi Publications 2018; <https://doi.org/10.1155/2018/1039391> (PUBMED)
10. An insight and update on the analgesic properties of vitamin C. JPBS 2018; 10 (3) : 119-125. (PUBMED)
11. Knowledge And Belief On Antioxidant Prescription By Medical And Radiation Oncologists In Cancer Patients. International Journal of Current Research. Vol. 9, Issue, 12, pp.62516-62522, December, 2017.
12. Oral Mucositis Severity Assessment by Supplementation of High Dose Ascorbic acid during Chemo and/or Radiotherapy of Oro-Pharyngeal Cancers – A Pilot project. Indian Journal of pharmaceutical education and research 2018; Vol 52 | Issue 3.532-538. Scopus, Science citation index expanded (Thomson reuters)
13. Assessment of oral mucositis during concurrent chemo-radiation of head and neck cancers using patient reported measurement

scale. South Asian journal of cancer 2018; 7:46-8 (PUBMED)

14. Efficacy of diclofenac transdermal patch (100mg) on dental pain in comparison with oral diclofenac sodium (100mg) and IM injection of diclofenac sodium(75mg). IJPI 2017; 7(3): 132-136. (PUBMED)
15. A systematic analysis of water fluorides causing Hypothyroidism.- Indian journal of dental research 2018;29:358-63. (Scopus, index Copernicus, PUBMED)
16. Role of Vitamin E and Vitamin A in Oral Mucositis Induced by Cancer Chemo/Radiotherapy- A Meta-analysis. JCDR 2017; 11 (5): 6 – 9. (Scopus, PUBMED, index Copernicus)
17. Evaluation of Preference and Purpose of Utilisation of Cone Beam Computed Tomography (CBCT) Compared to Orthopantomogram (OPG) by Dental Practitioners - A Cross-Sectional Study. Pol J Radiol. 2017 May 4;82:248-251. (PUBMED)
18. Assessment of anxiety and depression in oral mucositis patients undergoing Cancer Chemoradiotherapy: A Randomized Cross-sectional Study. Indian J Palliat Care. 2016 Oct-Dec;22(4):446-454. (Scopus, PUBMED, index Copernicus)
19. A Questionnaire Cross-Sectional Study on Application of CBCT in Dental Postgraduate Students. Pol J Radiol, 2016; 81: 181-189. (PUBMED)
20. Role of Tumor Markers in Oral Cancer: An Overview. British journal of medicine and medical research. 15(7): 1-9, 2016. Index Copernicus
21. Awareness of Medical Doctors on Oral Health: A Cross Sectional Study. OHDM - Vol. 14 - No. 6 - December, 2015. 424-428. Index Copernicus,
22. Systematic meta analysis of HPV and oropharyngeal carcinoma. J Cancer Res Ther. 2016 Apr-Jun;12(2):969-74. (PUBMED, index Copernicus, scopus)
23. Erupting complex odontoma: Report of a rare case. Journal of Indian Academy of Oral

	<p>Medicine and Radiology 2014; 26(2):192-195. Index Copernicus</p> <p>Book publications:</p> <ol style="list-style-type: none"> 1. Essence of anatomy- 1st edition, EMMESS publications. Embryology section 2014 <p>Other publications:</p> <ol style="list-style-type: none"> 1. Detection of a syndrome: NallanC'-Melasma Syndrome – a triad of Melasma, periodontitis and vit D abnormalities has been found in volunteers 2. Introduction of the concept of “Prophylactic antioxidant therapy” <p>Patents:</p> <ol style="list-style-type: none"> 1. NallanC'-H appliance for treatment of trismus in OSMF patients.- Oct 2017 (A innovative novel intra-oral appliance for trismus in OSMF therapy). Patent number: 201741037432 2. Nallan's Zinc oral paste for treatment of oral mucositis- June 2018. Patent number: 201841025420
<p>Conferences/Workshops</p>	<ol style="list-style-type: none"> 1. Rapid detection of HIV 1 and 2 antibodies using oral fluid” at 3rd national conference on infectious diseases in AIIMS, NEW DELHI 2010. 2. Burning mouth- “From Heaven To Hell” in international conference of Indian association of pain and palliative care 2015, Hyderabad. 3. Systematic analysis of vitamin c oral dose usage in radio-chemotherapy in India's Oral cancer conference 2015, Chennai. 4. Systematic analysis of fluorides and hypothyroidism. IAOMR national conference 2015, Hyderabad 5. Symposium on Biostatistics and research methodology- Yercaud, Tamilnadu 2018 6. Workshop on research methodology- PMVIDS, 2018, Hyderabad

	<p>7. American Academy of Oral Medicine- invited paper on Ascorbic acid oral supplementation for oral mucositis during Invited Presentations at Scientific Meetings/Workshops</p>
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